



Sama

Semane Zainli

Sama Beans Co

It is one of the pioneers in the industry of producing and supplying pulse products in Iran, which operates in this field with more than two decades of experience.

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Sama Pulses Company is one of the leading producers and suppliers of pulses in Iran, with over two decades of experience in this field. With a focus on high quality, the company has established a significant position in Iran's consumer market. Sama offers products such as chickpeas, beans, lentils, mung beans, and split peas, leveraging advanced technology and a skilled, experienced team in the fields of agriculture and pulse production.





Types of Beans



Red Beans:

Dark red beans commonly used in soups and stews.



Pinto Beans:

Recognizable by their brown spots on the skin, pinto beans have a mild flavor and are ideal for casseroles and salads.



White Beans:

Smooth-skinned and white, often used in soups and plant-based dishes.



Types of Beans



Black Beans:

Dark-colored beans with a distinctive flavor, popular in Mexican and vegetarian dishes.



Green Beans:

Consumed fresh or frozen, these beans are commonly used in salads and vegetable dishes.



Black-Eyed Peas:

Characterized by a black spot in the center, they are often used in traditional dishes.



Types of Chickpeas



White Chickpeas:

Also known as "Kabuli chickpeas," these are large, cream-colored chickpeas used in dishes like hummus and soups.



Black Chickpeas:

Small, dark chickpeas with a unique, mild flavor, used in various dishes.



Green Chickpeas:

Small, green chickpeas usually consumed fresh or frozen. They have a sweet, mild taste and are high in protein, fiber, and vitamins.



Split Chickpeas:

Halved chickpeas that cook quickly, ideal for soups and stews.



Types of Lentils



Red Lentils:

Orange-reddish lentils that cook faster than other varieties, perfect for soups and various dishes.



Green Lentils:

Larger, green-colored lentils suitable for soups, stews, and salads.



Brown Lentils:

Smaller, brown lentils with a mild, pleasant taste, ideal for soups and vegetarian meals.



Mung Beans

Mung beans are small, green legumes used in various dishes such as soups, stews, and salads. They are rich in protein, fiber, and nutrients that aid digestion and boost energy.

Types of Split Peas

Lentils

Lentils are prepared from lentils and have small seeds. And it is halved. Also, this type of cob cooks quickly. It will be



Regular Split Peas:

Small, halved peas derived from chickpeas, easy to cook. Lentil Split Peas: Made from lentils, these small, split beans cook quickly and are convenient for meal preparation.



Types of packaging of beans



Zip Lock Packaging:

Made from durable, clear plastic with a resealable zipper, allowing easy access to the contents.

Cellophane Packaging:

Transparent, durable plastic packaging that protects pulses.

Vacuum Packaging:

Involves removing air from the package and sealing it, preserving freshness and quality while preventing moisture and contamination.

CPP Packaging:

Made from high-quality polypropylene, this plastic packaging is ideal for preserving and transporting pulses due to its strong, protective qualities.





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